

How To Be Happy No Matter What Happens

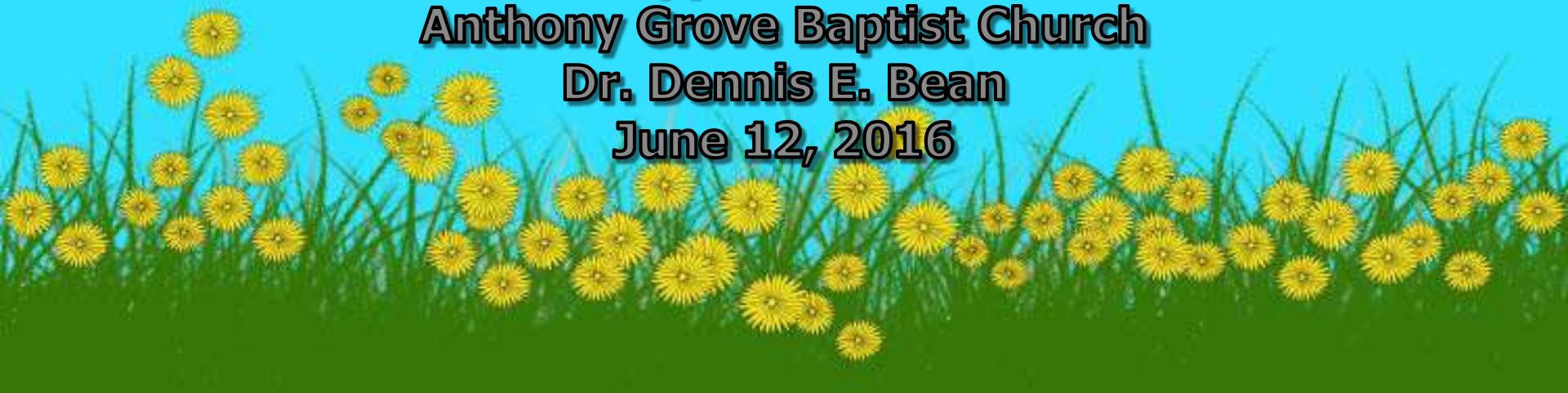
Habits of Happiness –Part 2

Philippians 1:12-30

Anthony Grove Baptist Church

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Philippians 1:12–30

12 Now I want you to know, brothers and sisters, that what has happened to me has actually served to advance the gospel. 13 As a result, it has become clear throughout the whole palace guard and to everyone else that I am in chains for Christ.

14 And because of my chains, most of the brothers and sisters have become confident in the Lord and dare all the more to proclaim the gospel without fear.

15 It is true that some preach Christ out of envy and rivalry, but others out of goodwill. **16** The latter do so out of love, knowing that I am put here for the defense of the gospel. **17** The former preach Christ out of selfish ambition, not sincerely, supposing that they can stir up trouble for me while I am in chains.

¹⁸ But what does it matter? The important thing is that in every way, whether from false motives or true, Christ is preached. And because of this I rejoice. Yes, and I will continue to rejoice, ¹⁹ for I know that through your prayers and God's provision of the Spirit of Jesus Christ what has happened to me will turn out for my deliverance. ²⁰ I eagerly expect and hope that I will in no way be ashamed, but will have sufficient courage so that now as always Christ will be exalted in my body, whether by life or by death.

21 For to me, to live is Christ and to die is gain. **22** If I am to go on living in the body, this will mean fruitful labor for me. Yet what shall I choose? I do not know! **23** I am torn between the two: I desire to depart and be with Christ, which is better by far; **24** but it is more necessary for you that I remain in the body. **25** Convinced of this, I know that I will remain, and I will continue with all of you for your progress and joy in the faith,

²⁶ so that through my being with you again your boasting in Christ Jesus will abound on account of me. ²⁷ Whatever happens, conduct yourselves in a manner worthy of the gospel of Christ. Then, whether I come and see you or only hear about you in my absence, I will know that you stand firm in the one Spirit, striving together as one for the faith of the gospel

²⁸ without being frightened in any way by those who oppose you. This is a sign to them that they will be destroyed, but that you will be saved—and that by God. ²⁹ For it has been granted to you on behalf of Christ not only to believe in him, but also to suffer for him, ³⁰ since you are going through the same struggle you saw I had, and now hear that I still have.-- (NIV)

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Introduction:

Common Mistake: **When** &
Then thinking



Four Common Killjoys

Pain

1.) _____.

People

2.) _____.

Pressure

3.) _____.

Problems

4.) _____.

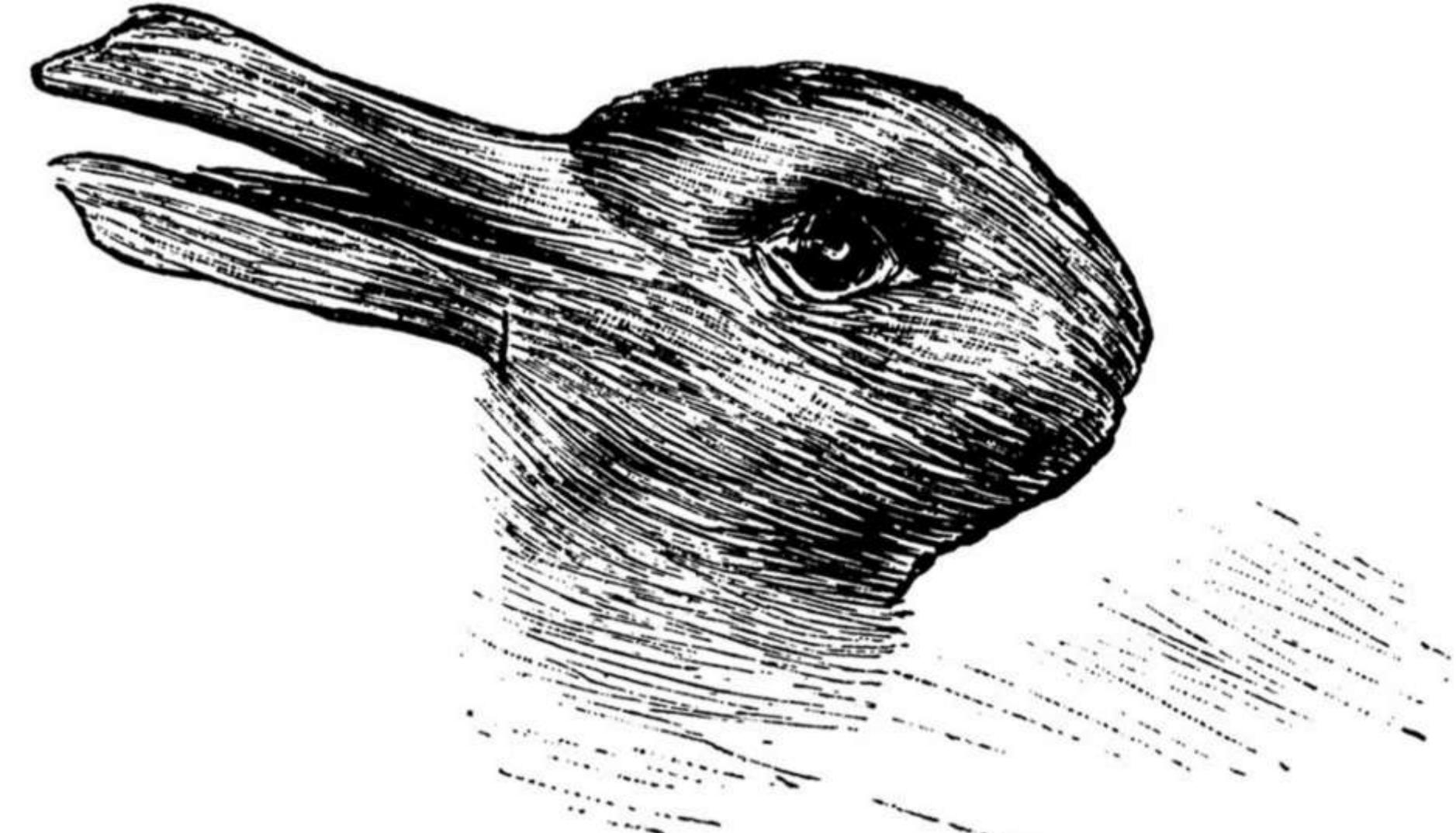


I Can Be Happy No Matter What . . .

1. If I Look At Every Problem From God's Viewpoint.

Philippians 1:12¹² And I want you to know, my dear brothers and sisters, that everything that has happened to me here has helped to spread the Good News.-- (NLT)





It's a
Fan!

It's
a Wall!

It's a
Spear!

It's
a
Rope!

It's
a Snake!

It's a
Tree!

Anytime I face Problems In Faith . . .

1. It Is A Witness To Unbelievers.

Philippians 1:13¹³ For everyone here, including the whole palace guard, knows that I am in chains because of Christ.-- (NLT)



2. It Is An Encouragement to Believers

Philippians 1:14¹⁴ And because of my imprisonment, most of the believers here have gained confidence and boldly speak God's message without fear.-- (NLT)



I Can Be Happy No Matter What . . .

2. If I Never Let Others Control My Attitude

A. You Interact With Critics.

Philippians 1:15¹⁵ It is true that some preach Christ out of envy and rivalry, but others out of goodwill.-- (NIV)



B. You Interact With Comrades.

Philippians 1:16¹⁶ The latter do so out of love, knowing that I am put here for the defense of the gospel.-- (NIV)



C. You Interact With Competitors.

Philippians 1:17¹⁷ Those others do not have pure motives as they preach about Christ. They preach with selfish ambition, not sincerely, intending to make my chains more painful to me.-- (NLT)

D. You Interact With Conspirators

Philippians 1:17¹⁷ But the others preach about Christ for selfish and wrong reasons, wanting to make trouble for me in prison.-- (NCV)



**H.H. I Don't Need Others
Approval or Permission**

To Be Happy!



Paul's Attitude

Philippians 1:18¹⁸ But it doesn't matter. The important thing is that in every way, whether for right or wrong reasons, they are preaching about Christ. So I am happy, and I will continue to be happy.-- (NCV)



I Can Be Happy No Matter What.

3. If I Always Trust God To Work Things Out.

**Philippians 1:18–19¹⁸ , . . so I
rejoice. And I will continue to
rejoice. ¹⁹ For I know that as you
pray for me and the Spirit of Jesus
Christ helps me, this will lead to my
deliverance.-- (NLT)**



Philippians 1:20

**20 as it is my eager expectation
and hope that I will not be at all
ashamed, but that with full
courage now as always Christ
will be honored in my body,
whether by life or by death.--
(ESV)**



I Can Be Happy No Matter What . . .

4. If I Stay Focused On My Purpose, Not My Problem.

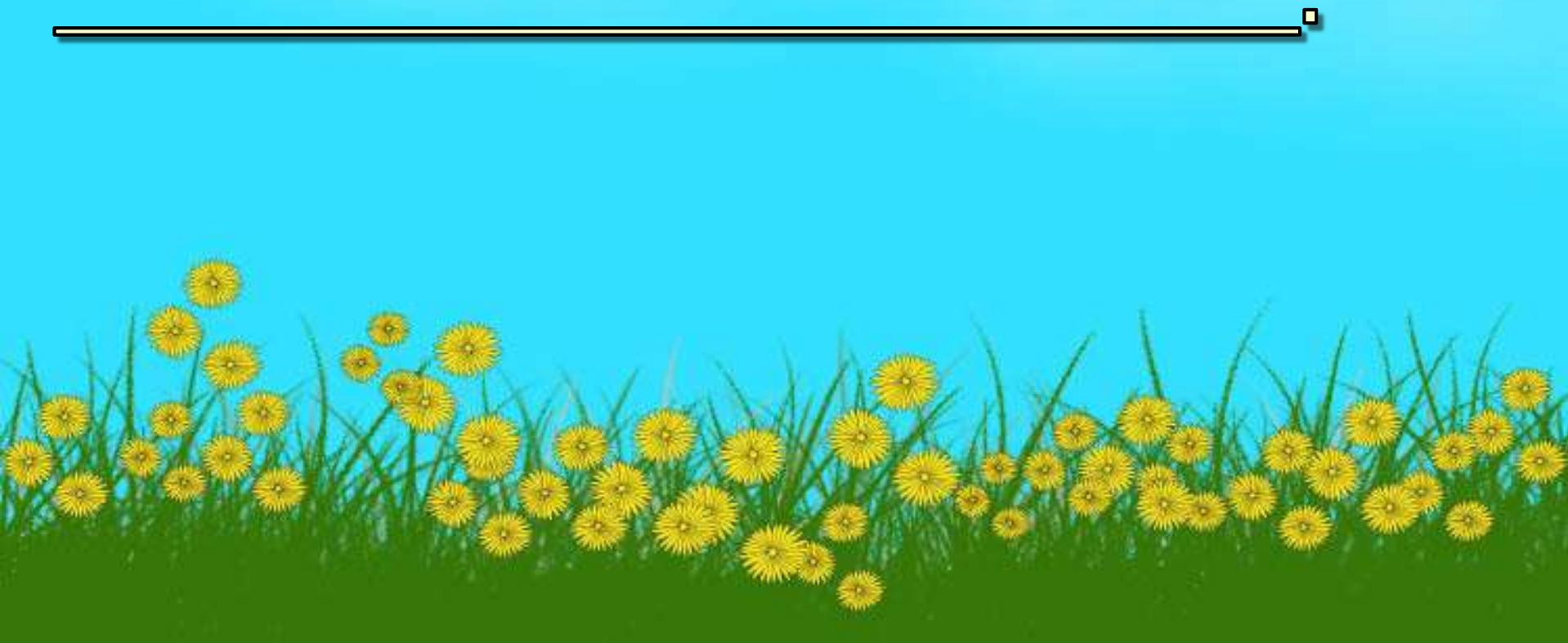
Philippians 1:22–25²² But if by continuing to live I can do more worthwhile work, then I am not sure which I should choose.²³ I am pulled in two directions. I want very much to leave this life and be with Christ, which is a far better thing;²⁴ but for your sake it is much more important that I remain alive.²⁵ I am sure of this, and so I know that I will stay. I will stay on with you all, to add to your progress and joy in the faith,-- (GNB)

**H.H. Happiness Doesn't Come
From Self-Gratification,**
**Happiness Comes From
Self-Sacrifice.**



How You Fill in the Blank Will Determine Your Happiness:

► For Me To Live Is



Philippians 1:21

**21 For to me, to live is Christ
and to die is gain.-- (NIV)**



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