

A large, three-dimensional red heart is the central focus. A silver metal chain is draped over the heart, starting from the top and ending in a silver padlock that is locked onto the heart. The background is a dark blue gradient.

# **Safeguarding My Happiness**

*Habits of Happiness – Part 5*

Philippians 3:1-11

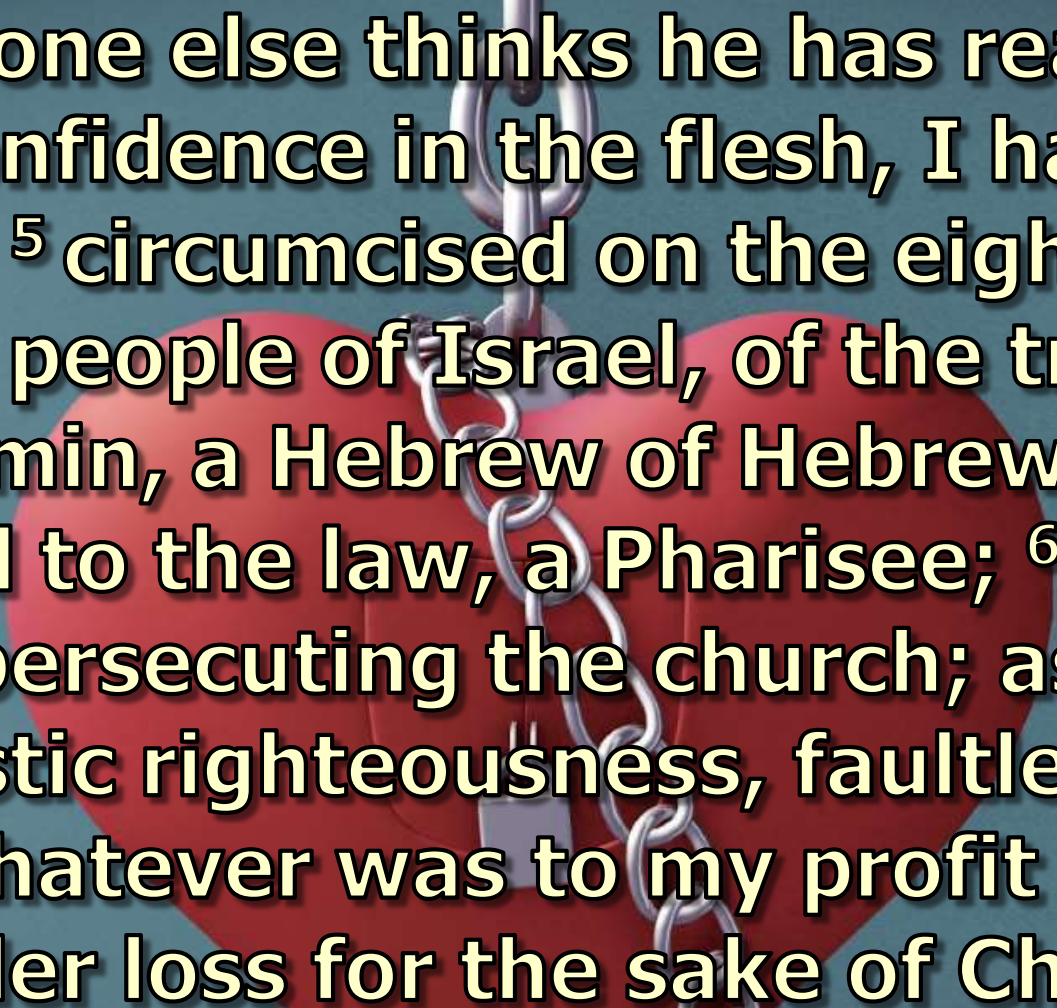
Anthony Grove Baptist Church

Dr. Dennis E. Bean

July 17, 2016

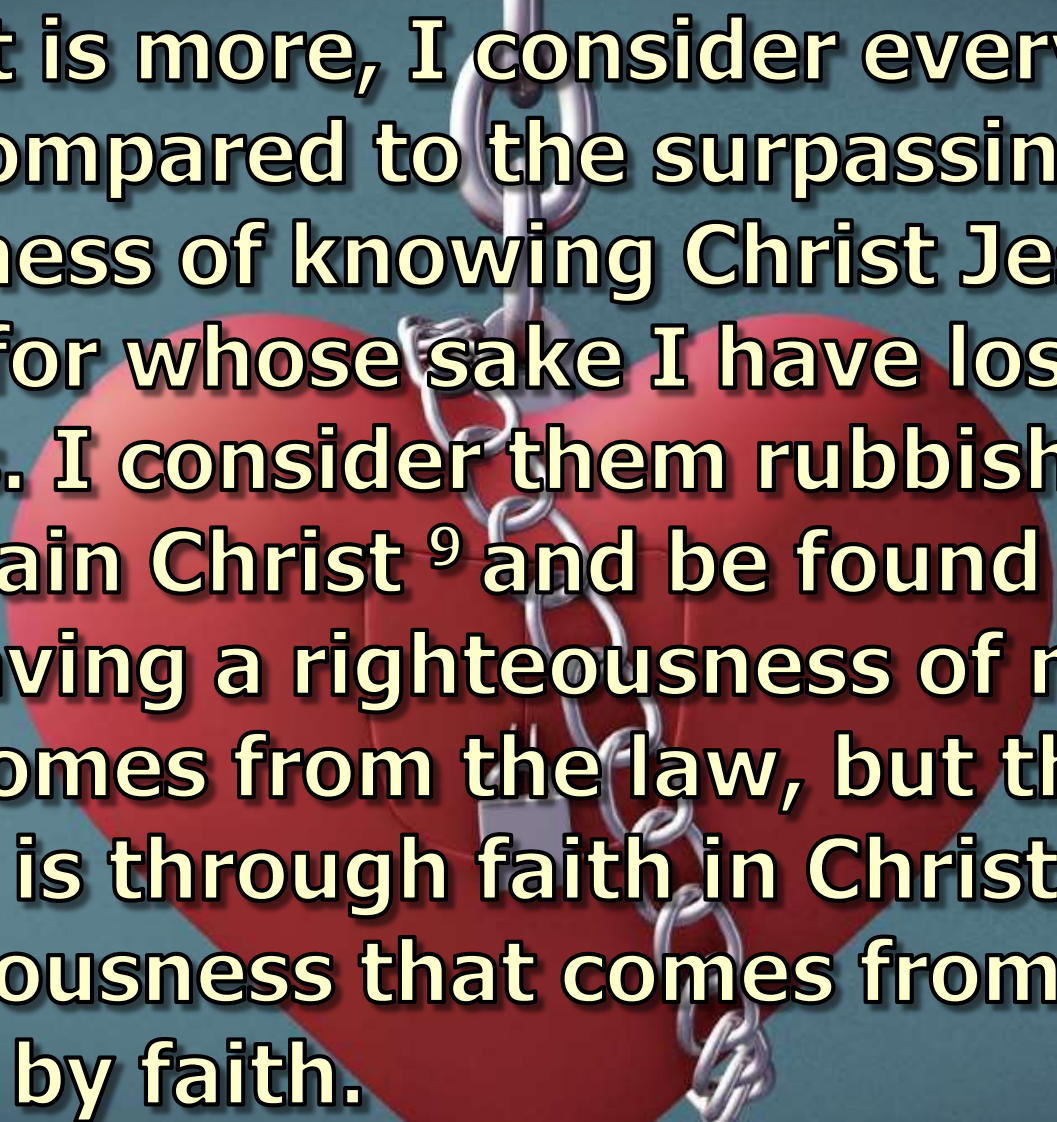
# Philippians 3:1-11

Finally, my brothers, rejoice in the Lord! It is no trouble for me to write the same things to you again, and it is a safeguard for you. <sup>2</sup> Watch out for those dogs, those men who do evil, those mutilators of the flesh. <sup>3</sup> For it is we who are the circumcision, we who worship by the Spirit of God, who glory in Christ Jesus, and who put no confidence in the flesh—<sup>4</sup> though I myself have reasons for such confidence.

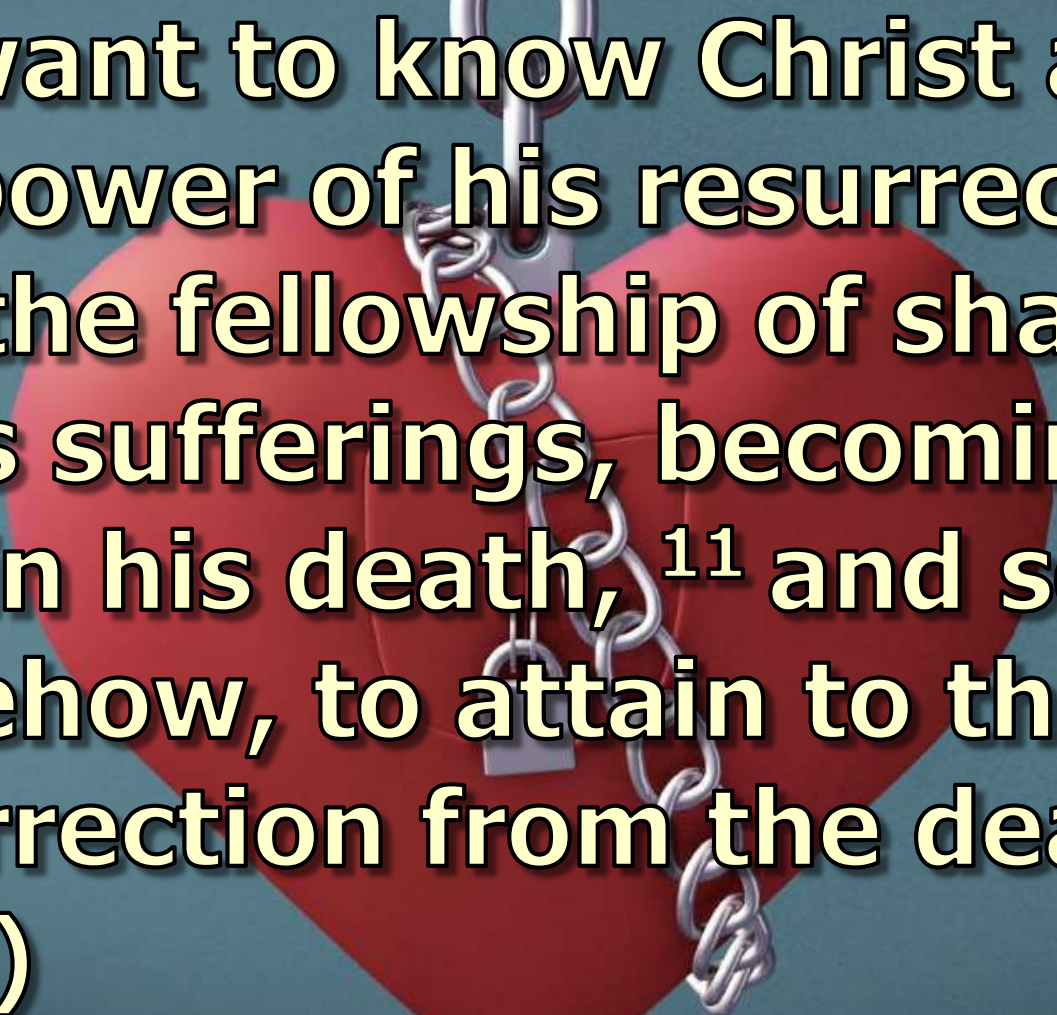
A large, vibrant red heart is centered in the background. A silver-colored metal chain is draped over the heart, starting from the top and ending at the bottom. A small silver padlock is attached to the chain, positioned over the lower part of the heart. The background is a dark, textured blue-grey.

If anyone else thinks he has reasons to put confidence in the flesh, I have more: <sup>5</sup> circumcised on the eighth day, of the people of Israel, of the tribe of Benjamin, a Hebrew of Hebrews; in regard to the law, a Pharisee; <sup>6</sup> as for zeal, persecuting the church; as for legalistic righteousness, faultless. <sup>7</sup> But whatever was to my profit I now consider loss for the sake of Christ.



A large, vibrant red heart is centered in the background. A silver-colored metal chain is draped over the heart, starting from the top, looping around it, and ending with a small padlock at the bottom. The background is a dark, textured blue-grey.

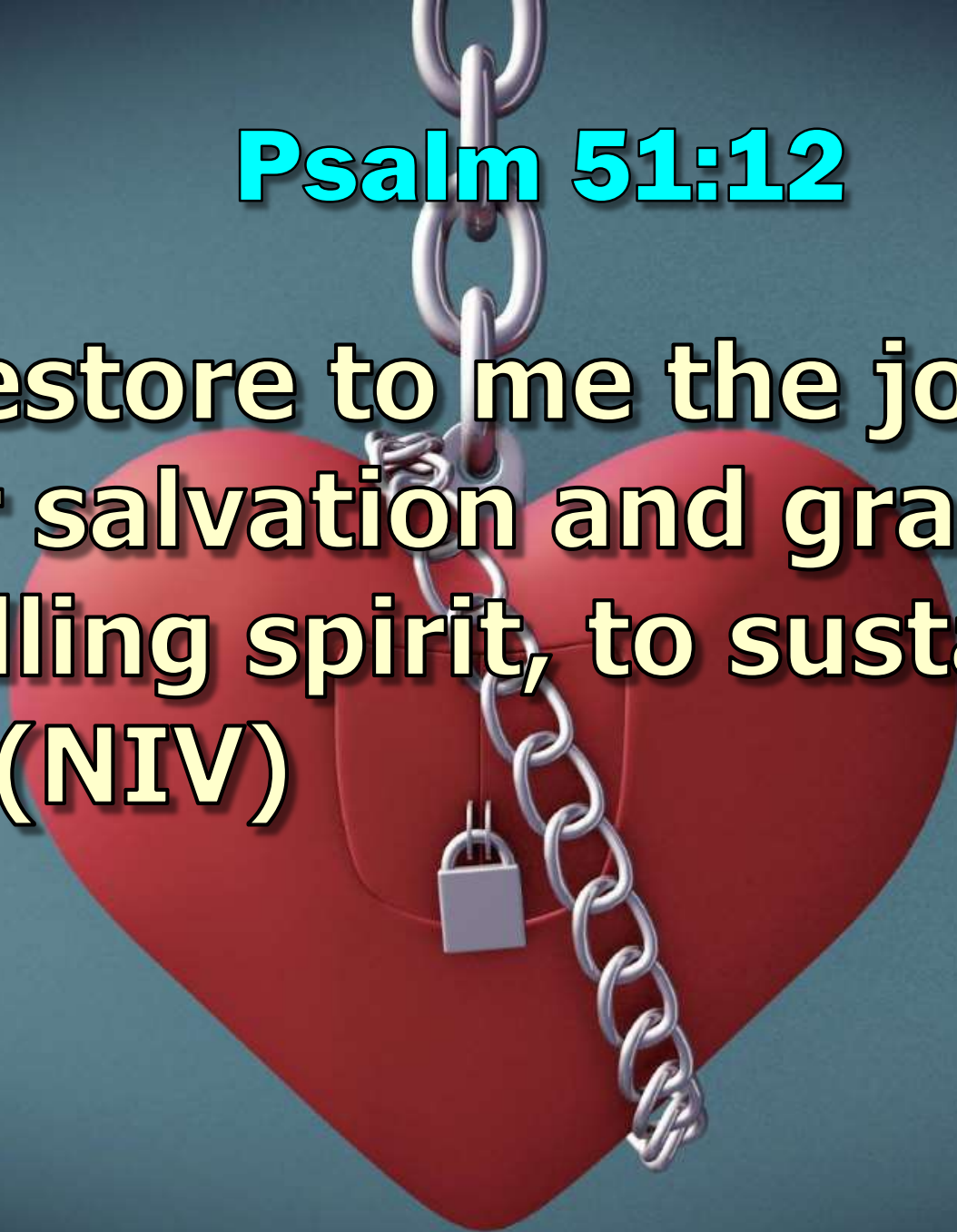
<sup>8</sup> What is more, I consider everything a loss compared to the surpassing greatness of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them rubbish, that I may gain Christ <sup>9</sup> and be found in him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ—the righteousness that comes from God and is by faith.

A large, vibrant red heart is centered in the background. A silver-colored metal chain is draped over the heart, starting from the top and ending at the bottom. A small, silver-colored padlock is attached to the chain, positioned over the lower part of the heart. The background is a dark, textured blue-grey.

**<sup>10</sup> I want to know Christ and the power of his resurrection and the fellowship of sharing in his sufferings, becoming like him in his death, <sup>11</sup> and so, somehow, to attain to the resurrection from the dead. (NIV)**

## Psalm 51:12

**12 Restore to me the joy of  
your salvation and grant me  
a willing spirit, to sustain  
me. (NIV)**





# **Safeguarding My Happiness**



A large, vibrant red heart is the central focus of the image. A silver metal chain is draped over the heart, starting from the top and ending in a small padlock. The background is a dark, textured blue-grey.

## Philippians 3:1

"Finally my brothers, REJOICE in the Lord! it is no trouble for me to write the same thing to you again, and it is a safeguard for you." (NIV)



# **1. Resist Legalistic Attitudes.**

**Definition of Legalism:**

**Legalism is a killjoy that substitutes rules for a personal relationship with Christ.**

A large, three-dimensional red heart is centered in the lower half of the image. A silver metal chain is attached to the top of the heart, passing through a silver padlock that is locked onto the heart's surface. The chain extends upwards and downwards from the heart. The background is a dark blue gradient.

# **Definition of Legalism**

**Legalism is a killjoy that substitutes rules for a personal relationship with Christ.**

A large, three-dimensional red heart is centered in the image. A silver metal chain is draped over the heart, with a small padlock attached to it. The chain starts from the top, goes down the left side of the heart, loops around the bottom, and goes up the right side. The background is a dark blue gradient.

## Philippians 3:2-3

"Watch out for those who do evil, those dogs, men who insist on cutting the body. ... we worship God by his Spirit, and rejoice in our life in Christ Jesus. We do not put any trust in external ceremonies." (GN)



A large, three-dimensional red heart is centered on a dark blue gradient background. A silver metal chain is attached to the top of the heart, extending upwards and then looping back down to form a padlock that is locked onto the heart. The text "Safeguard #1: Live Each Day By Grace ." is overlaid on the heart, with "Safeguard #1: Live Each Day" in cyan and "By Grace ." in orange. A dashed cyan line underlines the orange text.

**Safeguard #1: Live Each Day**  
**By Grace .**

## A. Don't Trust In Rituals.

Philippians 3:4-5 <sup>4</sup> though I myself have reasons for such confidence. If anyone else thinks he has reasons to put confidence in the flesh, I have more: <sup>5</sup> *circumcised on the eighth day,* of the people of Israel, of the tribe of Benjamin, a Hebrew of Hebrews; in regard to the law, a Pharisee; (NIV)

## B. Don't Trust In Race.

Philippians 3:5 <sup>5</sup> circumcised  
on the eighth day, of the  
people of Israel, of the tribe of  
Benjamin, a Hebrew of  
Hebrews; in regard to the law,  
a Pharisee; (NIV)



## C. Don't Trust In Religion.

Philippians 3:5<sup>5</sup> circumcised on the eighth day, of the people of Israel, of the tribe of Benjamin, a Hebrew of Hebrews; in regard to the law, a Pharisee; (NIV)

## D. Don't Trust In Rules.

Philippians 3:5 <sup>5</sup> circumcised  
on the eighth day, of the  
people of Israel, of the tribe of  
Benjamin, a Hebrew of  
Hebrews; in regard to the law,  
a Pharisee; (NIV)

## E. Don't Trust In Reputation.

Philippians 3:6 <sup>6</sup> as for zeal,  
persecuting the church; as for  
legalistic righteousness, faultless.  
(NIV)

Romans 14:17 "For the kingdom of  
God is not a matter of eating and  
drinking, but of righteousness, peace,  
and joy in the Holy Spirit." (NIV)



## 2. Reevaluate Your Activities.

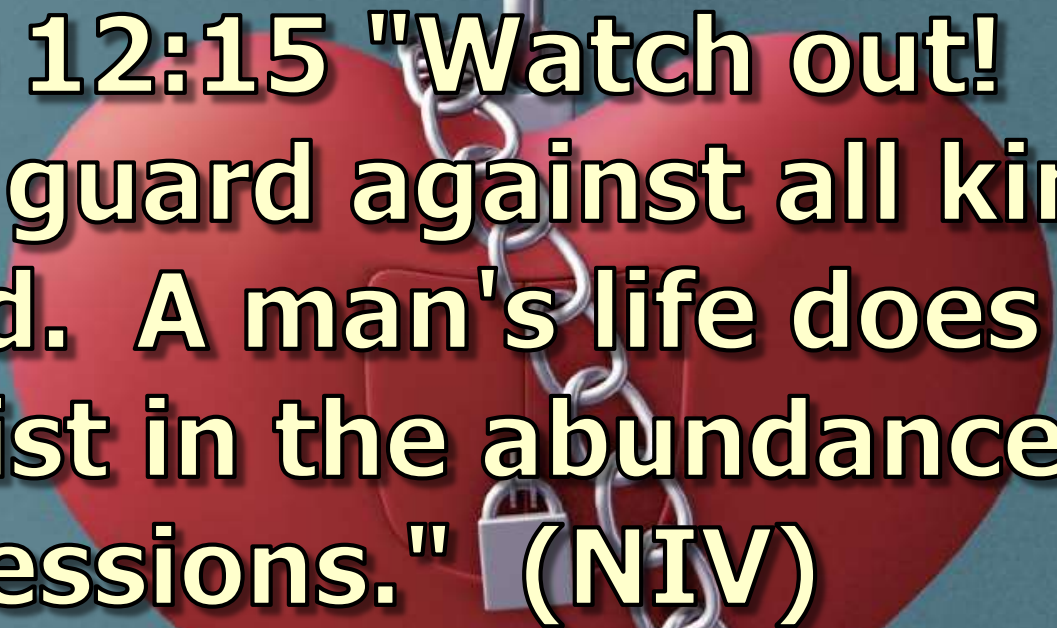
Philippians 3:7-8 "But whatever was to my profit I now consider loss for the sake of Christ. What is more, I consider everything a loss compared to the surpassing greatness of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them rubbish, that I may gain Christ..."

"I consider it all mere garbage compared to being able to win Christ..." (Ph)

## ► **Safeguard #2: Keep Your Priorities in Perspective**

---

**Luke 12:15 "Watch out! Be on your guard against all kinds of greed. A man's life does not consist in the abundance of his possessions." (NIV)**

A large, three-dimensional red heart is centered in the background. A silver metal chain is attached to the top of the heart, loops around it, and ends in a small silver padlock. The heart and chain are set against a dark blue gradient background.

### 3. Refocus Your Ambitions.

Philippians 3:10 "I want to KNOW Christ and the power of his resurrection and the fellowship of sharing in his suffering, becoming like him in his death." (NIV)

*"For my determined purpose is that I may KNOW Christ -- that I may progressively become more deeply and intimately acquainted with Him, perceiving and recognizing and understanding Him more strongly and more clearly ..." (Amplified Version)*



## ► **Safeguard #3: Getting to Know Christ Better**

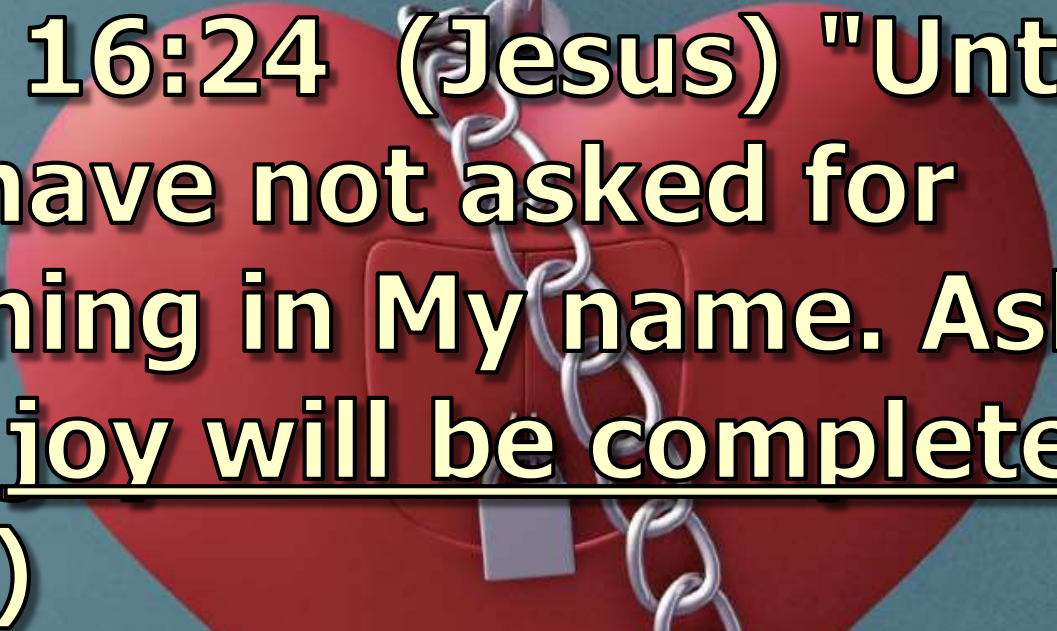
---

A. It takes **Time** To Build A Relationship.



**B. It takes Talk To Build A  
Relationship.**

**John 16:24 (Jesus) "Until now  
you have not asked for  
anything in My name. Ask and  
your joy will be complete."  
(NIV)**



C. It takes Trust To Build A  
Relationship.





# **Safeguarding My Happiness**

