



# **Are You Overwhelmed or Overflowing**


***The Goodness of God Series – Part 4***

***Psalm 23:5***

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A background image of a glass of water with a straw and a lemon slice, with a rainbow visible in the water.

**<sup>1</sup> The LORD is my shepherd, I shall not be in want.-- (NIV)**

**Psalm 23:1**

A glass of water with a straw and a splash of water in the background.

**5 For the Lord is always good. He is always loving and kind, and his faithfulness goes on and on to each succeeding generation. (TLB)**

**Psalm 100:5**

**5 You prepare a table  
before me in the  
presence of my  
enemies. You anoint my  
head with oil; my cup  
overflows.**

**Psalm 23:5**



John 10:10

# Abundant LIFE



# 1. A Shortage Mindset.

(I never have enough and I never will. Biblical adjectives: Lacking, Wanting, and Need.)

**2 Kings 4:42–44** <sup>42</sup> A man from the town of Baal-Shalishah brought Elisha some freshly cut grain and twenty loaves of bread made from the first barley that was harvested. Elisha said, "Give it to the people so they can eat." <sup>43</sup> "There's not enough here for a hundred people," his servant said. "Just give it to them," Elisha replied. "The LORD has promised there will be more than enough." <sup>44</sup> So the servant served the bread and grain to the people. They ate and still had some left over, just as the LORD had promised.-- (CEV)

A glass of water with a splash, set against a background of a cloudy sky and water.

**A. The Focus:**  
**My Limited Resources**

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**B. The Result:**  
**An Overwhelmed Life**

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## **2. A Surplus Mindset.**

**(God has more than I will ever need.  
Biblical adjectives: Abundance,  
Overflowing, Plentiful.)**

**Philippians 4:19 And this same God who  
takes care of me will supply all your  
needs from his glorious riches, which  
have been given to us in Christ Jesus.--  
(NLT)**

A glass of water is shown on the right side of the image, with water overflowing from the top. The background is a soft-focus landscape with a rainbow visible in the distance. The text is overlaid on the left side of the image.

**A. The Focus:**  
**God's Limitless Resources.**

**B. The Result:**  
**An Overflowing Life.**

# **Compare Verse 1 to Verse 5**

**Psalm 23:1 The LORD is my shepherd; I shall not want. (NKJV)**

## **Psalm 23:5c**

**You fill my cup to overflowing.-- (NCV)**

**My cup overflows with blessings.-- (NLT)**

**You give me more than I can hold. (ICB)**

**What Is My Cup? It Is My Life.**

**John 7:37–38 <sup>37</sup> On the last day, the climax of the festival, Jesus stood and shouted to the crowds, “Anyone who is thirsty may come to me! <sup>38</sup> Anyone who believes in me may come and drink! For the Scriptures declare, ‘Rivers of living water will flow out of their lives.’”-- (NLT)**

# **What Is An Overflowing Life?**

**To be filled beyond  
capacity with an  
endless supply of God's  
GOODNESS**



## Isaiah 48:17-18

**17 I am the holy LORD God, the one who rescues you. For your own good, I teach you, and I lead you along the right path. 18 How I wish that you had obeyed my commands! Your success and good fortune would then have overflowed like a flooding river.-- (CEV)**

## **John 10:10**

**The thief comes only in order to steal and kill and destroy. I came that they may have and enjoy life, and have it in abundance (to the full, till it overflows).-- (AMP)**



# How Can I Experience An Overflowing Life?

1. I Stay Connected To Jesus Everyday.

**John 15:5 "I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing. (NIV)**



## **John 15:7-11**

**<sup>7</sup> But if you remain in me and my words remain in you, you may ask for anything you want, and it will be granted! <sup>8</sup> My true disciples produce much fruit. This brings great glory to my Father. <sup>9</sup> "... Remain in my love. <sup>10</sup>, you remain in my love when you obey me, . . . <sup>11</sup> I have told you these things so that you will be filled with my joy. Yes, your joy will overflow! (NLT)**

## **2. | Stop Complaining & Start** **Thanking.**

**Philippians 2:14 In  
everything you do, stay  
away from complaining  
and arguing,-- (NLT)**



## **Colossians 2:7**

**Let your roots grow down into him, and let your lives be built on him. Then your faith will grow strong in the truth you were taught, and you will overflow with thankfulness.**



# **1 Thessalonians 5:18**

**Be thankful in all  
circumstances, for this  
is God's will for you  
who belong to Christ  
Jesus.**



### **3. I Stop Comparing & Start Being Contented.**

**2 Corinthians 10:12 Oh,  
don't worry; . . . But they  
are only comparing  
themselves with each other,  
. . . How foolish!**



## **Proverbs 14:30**

**It's healthy to be content, but  
envy can eat you up.-- (CEV)**



## **4. I Stop Being Stingy & Start Being Generous.**

**2 Corinthians 9:6–8** <sup>6</sup> Remember this—a farmer who plants only a few seeds will get a small crop. But the one who plants generously will get a generous crop. <sup>7</sup> You must each decide in your heart how much to give. And don't give reluctantly or in response to pressure. "For God loves a person who gives cheerfully." <sup>8</sup> And God will generously provide all you need. Then you will always have everything you need and plenty left over to share with others.-- (NLT)

## Luke 6:38

**Give, and you will receive. Your gift will return to you in full—pressed down, shaken together to make room for more, running over, and poured into your lap. The amount you give will determine the amount you get back.”**



A tall, clear glass filled with water, with a dynamic splash of water rising from the top. The background is a soft-focus blue and white, suggesting a bright, airy environment. The overall mood is fresh and refreshing.

# Godd Bless

have a wonderful week!