

God Lifts Me Up When I'm Beaten Down



The Goodness of God Series – Part 8

Psalm 23:5

Anthony Grove Baptist Church

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Psalm 100:5

**5 For the Lord is always good.
He is always loving and kind,
and his faithfulness goes on
and on to each succeeding
generation.-- (TLB)**



Psalm 23:1

A man in a red shirt stands with his back to the camera, arms outstretched, in a landscape of vibrant, abstract colors. The scene is painted with broad strokes of yellow, pink, blue, and green, creating a dreamlike, ethereal atmosphere. The man is positioned in the lower right, looking out over a vast, colorful expanse that stretches to the horizon.

¹The LORD is my shepherd, I shall not be in want.

Psalm 23:2



**² He makes me lie down in
green pastures, he leads
me beside quiet waters,**



**³ He restores my soul. He
guides me in paths of
righteousness for his
name's sake.**

Psalm 23:3

Psalm 23:4

**4 Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.
(NIV)**





5 You prepare a feast for me in the presence of my enemies. You honor me by anointing my head with oil. My cup overflows with blessings.-- (NLT)

Psalm 23:5

Ask 4 Questions To Understand This Metaphor

What Kind of banquet is this?

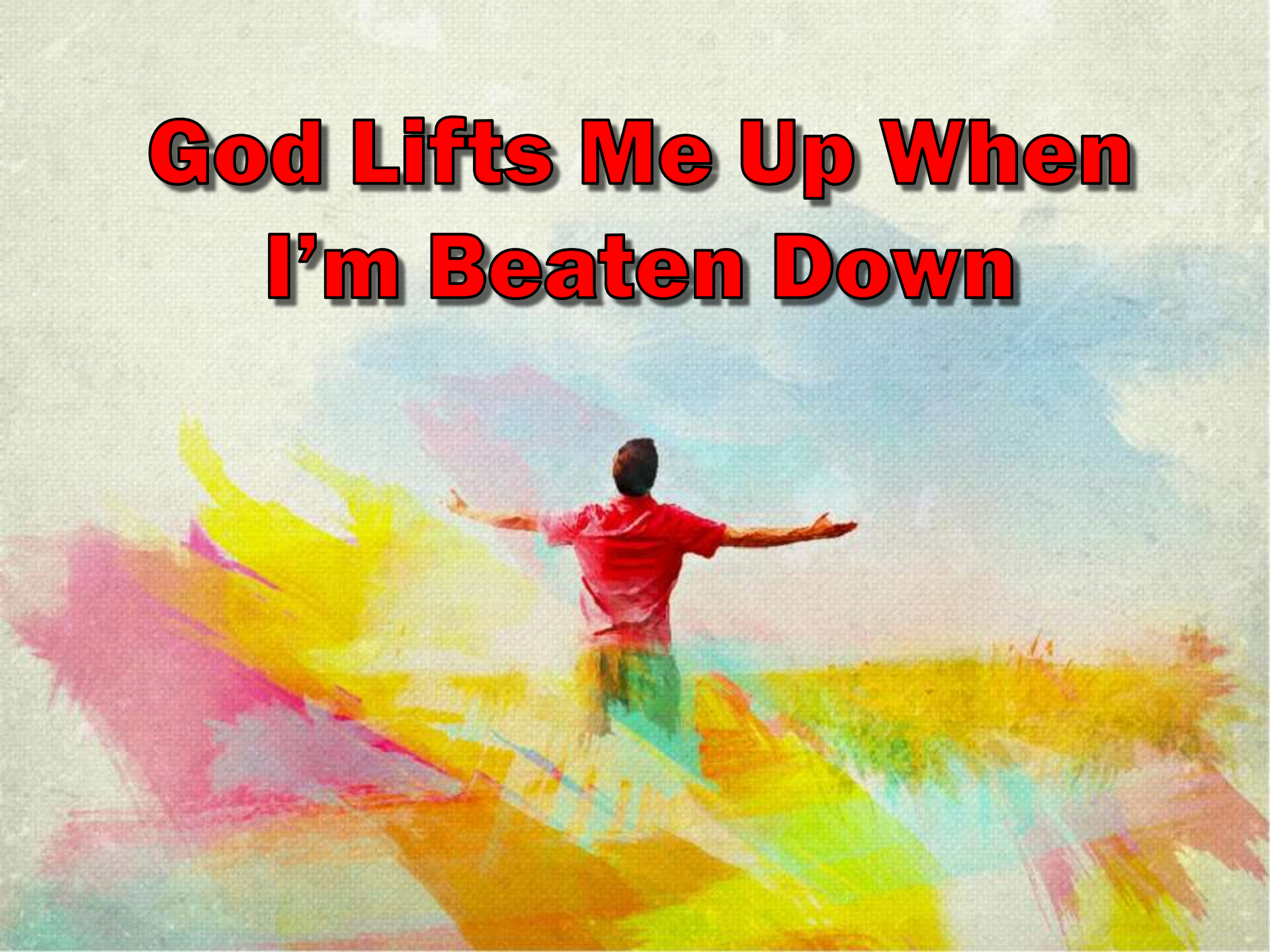
Who are your enemies?

What does the bequest symbolize?

What's on the menu?



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1. What Kind of Banquet Is This?

Psalm 23:5⁵ You prepare a banquet for me, where all my enemies can see me; you welcome me as an honoured guest and fill my cup to the brim.-- (GNB)





- A. God Is The Host "You"
- B. It Is Well Planned "Prepare"
- C. I'm The Guest of Honor "For Me"
- D. It's In Public, Not A Secret "In Front Of"
- E. It's On A Battlefield "My Enemies."

What Forces Oppose God's Best For Me?

1. The World Is Around Me.

John 16:33³³ "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."-- (NIV)



Genesis 32:11



¹¹ Save me, I pray, from the hand of my brother Esau, for I am afraid he will come and attack me, and also the mothers with their children.-- (NIV)

1 John 2:15–16

15 Don't love the world's ways. Don't love the world's goods. Love of the world squeezes out love for the Father. **16**

Practically everything that goes on in the world—wanting your own way, wanting everything for yourself, wanting to appear important—has nothing to do with the Father. It just isolates you from him.-
- (The Message)




2. The Devil Is Against Me.

1 Peter 5:8⁸ Stay alert! Watch out for your great enemy, the devil. He prowls around like a roaring lion, looking for someone to devour.-- (NLT)



Ephesians 6:12

A person wearing a red t-shirt and dark shorts stands with their back to the camera in a field of yellow wildflowers. Their arms are outstretched horizontally towards the horizon. The background is a soft-focus landscape with a blue sky and distant hills.

12 Our fight is not against people on earth but against the rulers and authorities and the powers of this world's darkness, against the spiritual powers of evil in the heavenly world.-- (NCV)

3. My Old Nature Inside Me.

Romans 7:19–20¹⁹ I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway. ²⁰ But if I do what I don't want to do, I am not really the one doing wrong; it is sin living in me that does it.-- (NLT)



What Does This Banquet Symbolize?

1. God Wants & Welcomes Fellowship With Me .

Psalm 5:11¹¹ But you'll welcome us with open arms when we run for cover to you. Let the party last all night! Stand guard over our celebration.-- (The Message)



Job 36:16



16 "God is gently calling you from the jaws of trouble to an open place of freedom where he has set your table full of the best food.-- (NCV)

2. God Wants To Bless Me To Show The World His Goodness.

Psalm 31:19¹⁹ Your goodness is so great! You have stored up great blessings for those who honor you. You have done so much for those who come to you for protection, blessing them before the watching world.-- (NLT)



A person in a red shirt stands with arms outstretched on a colorful abstract background. The background features broad, horizontal strokes of yellow, pink, and light blue, creating a vibrant, painterly effect. The person is positioned in the upper center of the frame, facing away from the viewer.

What's On The Menu?

1. Everything God Has Promised In His Word


**Psalm 119:103¹⁰³ How sweet
your words taste to me; they are
sweeter than honey.-- (NLT)**

2 Corinthians 1:20

**20 For no matter how many promises God has made, they are "Yes" in Christ.--
(NIV)**



Psalm 36:7–9



⁷ How precious, O God, is your constant love! We find protection under the shadow of your wings. ⁸ We feast on the abundant food you provide; you let us drink from the river of your goodness. ⁹ You are the source of all life, and because of your light we see the light.-- (GNB)

GOD
BLESS

