

Growing Up Spiritually

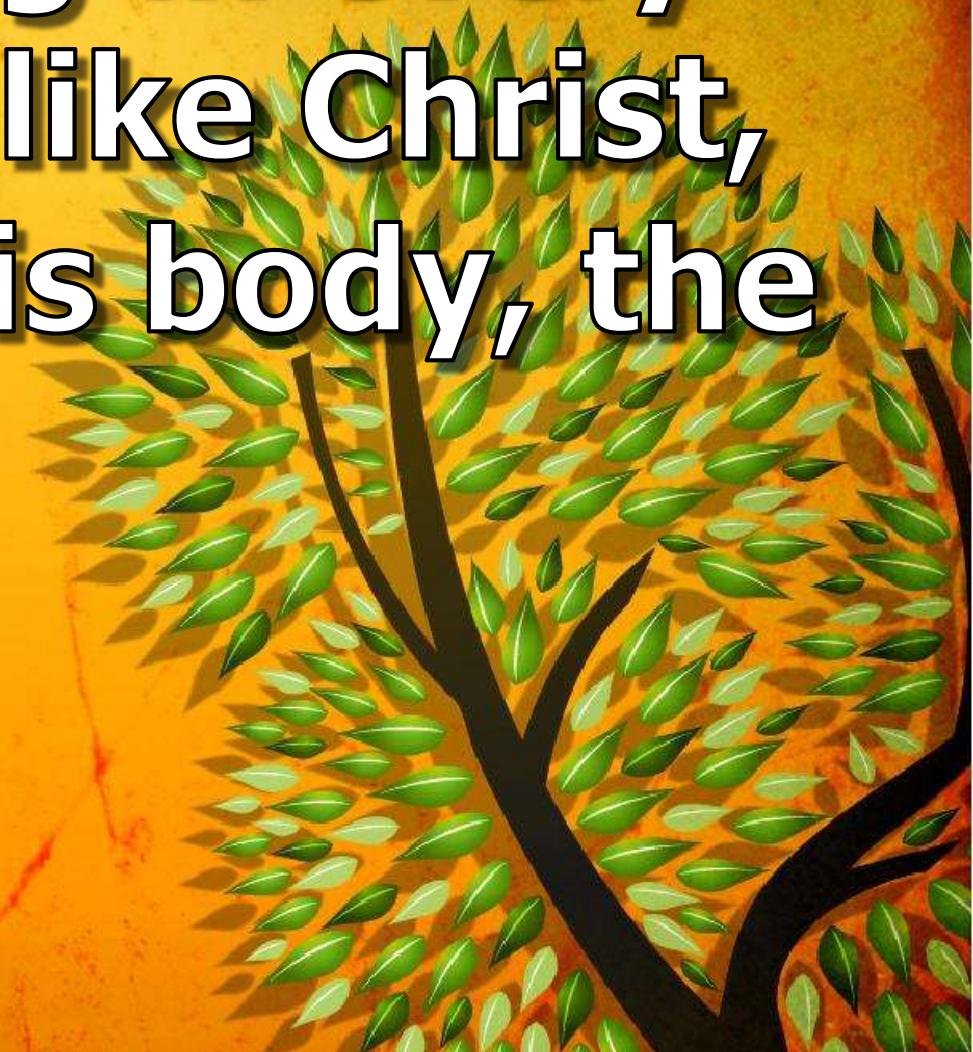


40 Days of Focused Prayer
Series – Part 1
Ephesians 4:14-16
Anthony Grove Baptist Church
Dr. Dennis E. Bean
March 10, 2019

Ephesians 4:14–16

14 Then we will no longer be immature like children. We won't be tossed and blown about by every wind of new teaching. We will not be influenced when people try to trick us with lies so clever they sound like the truth.

15 Instead, we will speak the truth in love, growing in every way more and more like Christ, who is the head of his body, the church.



16 He makes the whole body fit together perfectly. As each part does its own special work, it helps the other parts grow, so that the whole body is healthy and growing and full of love.-- (NLT)



Growing Up Spiritually



**Many of the problems in your life are
the result of Spiritual
Immaturity. Decisions are based on
feelings instead of truth.**



Six Laws of Spiritual Growth



1. We Grow When We Feed On God's Word.

Matthew 4:4⁴ Jesus: "People need more than bread for their life; they must feed on every word of God"



Acts 20:32

32 "And now I commend you to the care of God and to the word of his grace, which is able to build you up and give you all the blessings God has for his people.-- (GNB)



**Action Step:
A Daily Quiet Time For 40 Days .**



2. We Grow When We Learn In Different Ways

**Luke 3:18¹⁸ In many different ways John
preached the good news to the people.--
(CEV)**



By _____

Hearing

By _____

Seeing

By _____

Doing

By _____

Saying



Job 33:14

**14 God speaks in different ways,
and we don't always recognize
his voice.**



Action Step:

**Fill In Your
Outline – Discuss
Over Lunch**



3. We Grow When We Develop Spiritual Habits .

A. Your Character Is The Sum Total of Your Habits!

**John 13:17¹⁷ Now that you know these things, you will be blessed if you do them.--
(NIV)**



**B. You Develop Good Habits By
Practice !**



**C. You Develop Good Habits By
Repetition !**



D. Good Habits Produces Spiritual Maturity.

Hebrews 5:14¹⁴ However, solid food is for mature people, whose minds are trained by practice to know the difference between good and evil.-- (GW)

Joshua 1:8

8 Do not let this Book of the Law depart from your mouth; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.-- (NIV)

4. We Grow When We Help Each Other Grow

**Romans 1:12¹² I want us to help each other
with the faith we have. Your faith will help
me, and my faith will help you.-- (NCV)**

Hebrews 10:24–25

24 Let us be concerned for one another, to help one another to show love and to do good. 25 Let us not give up the habit of meeting together, as some are doing. Instead, let us encourage one another all the more, since you see that the Day of the Lord is coming nearer.-- (GNB)

Action Step:

**Get Active In A
Sunday School Class**



5. We Grow When We Expect To Grow .

Matthew 9:29²⁹ Then he touched their eyes and said, "According to your faith will it be done to you";-- (NIV)



Hebrews 11:6

⁶ And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.



6. We Grow When We Commit To Grow .

Jeremiah 29:13¹³ "When you come looking for me, you'll find me. "Yes, when you get serious about finding me and want it more than anything else,-- (The Msg)

Nehemiah 9:38

38 The people responded, “In view of all this, we are making a solemn promise and putting it in writing. On this sealed document are the names of our leaders and Levites and priests.”-- (NLT)

Action Step:
Make A Public Commitment To
Grow



2 Corinthians 13:9b

**⁹ Our greatest wish and prayer is that
you will become mature Christians.--
(TLB)**



God Bless

HAVE A WONDERFUL WEEK!

