

# How To Pray For Healing and Restoration

*40 Days of Focused Prayer Series – Part 4*

2 Chronicles 7:14

Anthony Grove Baptist Church

Dr. Dennis E. Bean

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## 2 Chronicles 7:14

**14 if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then will I hear from heaven and will forgive their sin and will heal their land.-- (NIV)**





# **How To Pray For Healing and Restoration**





***We Need Personal and National Healing***





**1. This Promise Is NOT For Everyone.**

**2 Chronicles 7:14<sup>14</sup> if my people, . . .**





## Matthew 12:46–50

<sup>46</sup> As Jesus was speaking to the crowd, his mother and brothers stood outside, asking to speak to him. <sup>47</sup> Someone told Jesus, "Your mother and your brothers are standing outside, and they want to speak to you." <sup>48</sup> Jesus asked, "Who is my mother? Who are my brothers?" <sup>49</sup> Then he pointed to his disciples and said, "Look, these are my mother and brothers. <sup>50</sup> Anyone who does the will of my Father in heaven is my brother and sister and mother!"-- (NLT)



A hand is shown from the bottom, holding a large, dark, teardrop-shaped object that resembles a large drop of water or a piece of dark wood. The background is dark and textured, with vertical streaks suggesting rain. The text is overlaid on the image.

## 2. The Promise Is To Those Called By His Name

2 Chronicles 7:14<sup>14</sup> if my people, who  
are called by my name, . . . (NIV)



## Mark 8:38

**38 If anyone is ashamed of me and my words in this adulterous and sinful generation, the Son of Man will be ashamed of him when he comes in his Father's glory with the holy angels."** (NIV)





**3. The Promise is Based On A Condition.**

**2 Chronicles 7:14<sup>14</sup> if my people, who  
are called by my name, . . .**



# ***4 Conditions For Healing and Restoration***





# **1. Admit You Are Not In Control .**

**2 Chronicles 7:14<sup>14</sup> if my people, who are called by my name, will humble themselves . . . .**



***How Does God Respond To  
A Humble Heart?***





# **A. If I Am Humble, God Will Guide Me.**

**Psalm 25:9<sup>9</sup> He guides the humble in  
what is right and teaches them his way.**





## **B. If I Am Humble, God Will Bless Me**

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**Isaiah 66:2b <sup>2</sup> "I will bless those who  
have humble and contrite hearts,  
who tremble at my word.-- (NLT)**





## **C. If I Am Humble, God Will Show Me Grace .**

**James 4:6<sup>6</sup> . . . "God opposes the  
proud but gives grace to the  
humble."**





## **D. If I Am Humble, God Will Reduce My Stress .**

**Matthew 11:29<sup>29</sup> Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls.-- (NLT)**



## 2. Ask God For Help!

2 Chronicles 7:14<sup>14</sup> if my people, who are called by my name, will humble themselves and pray . . . - (NIV)



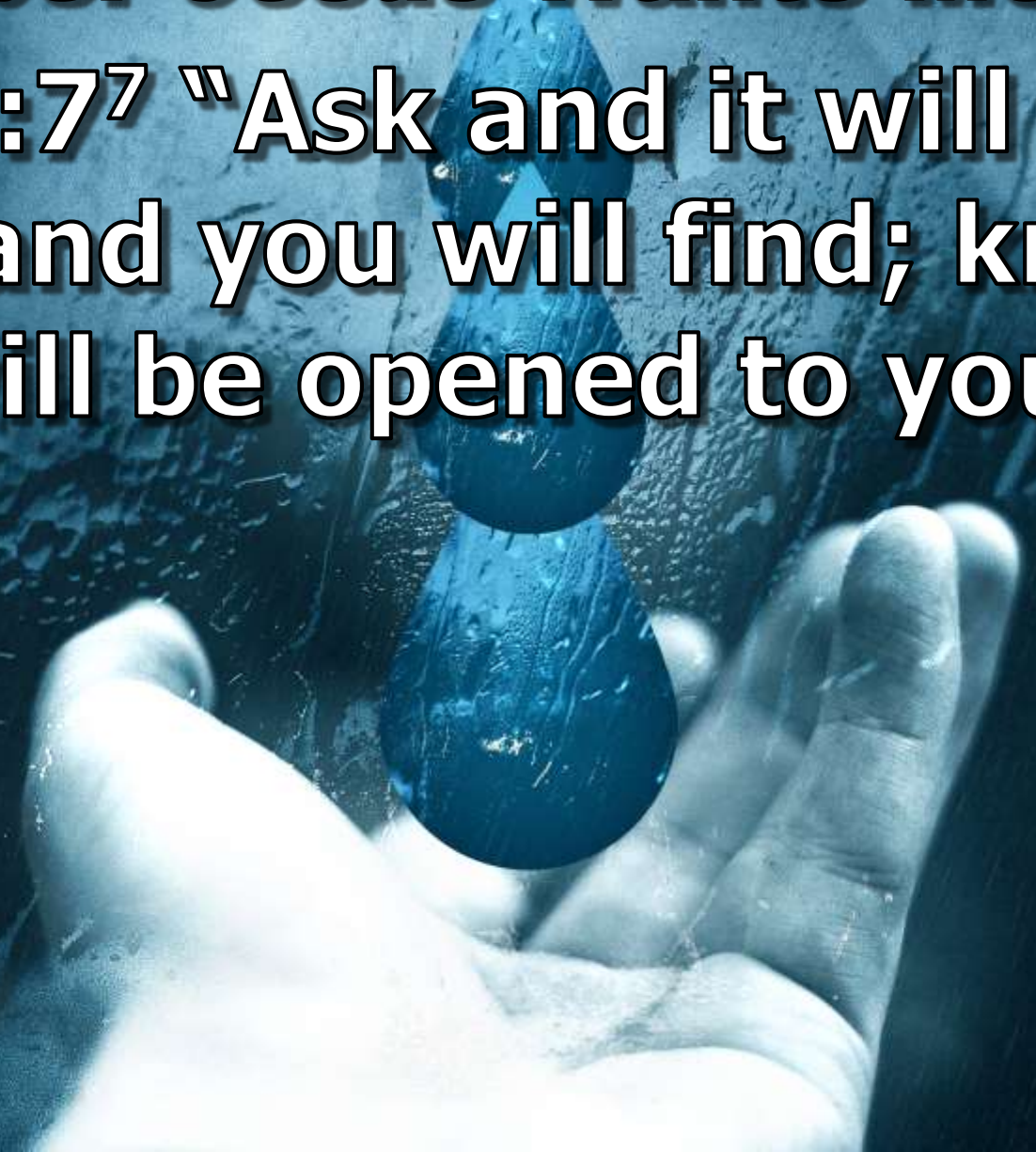
# ***5 Tips On How To Pray For Healing***





**A. Remember Jesus Wants Me to Ask.**

**Matthew 7:7<sup>7</sup> "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you.**

A close-up photograph of a person's hand holding a large, dark, teardrop-shaped object. The object has a rough, textured surface and a small, lighter-colored mark near its base. The hand is positioned palm-up, with the fingers slightly curled around the object. The background is dark and textured, possibly a wall or a piece of fabric.



**B. Ask** **In Jesus' Name**.

**John 14:14<sup>14</sup> You may ask me for anything in my name,**



## **C. Get Other People To Pray With You.**

**James 5:13–15<sup>13</sup>** Is any one of you in trouble? He should pray. Is anyone happy? Let him sing songs of praise. <sup>14</sup> Is any one of you sick? He should call the elders of the church to pray over him and anoint him with oil in the name of the Lord. <sup>15</sup> And the prayer offered in faith will make the sick person well; the Lord will raise him up. If he has sinned, he will be forgiven.



## **D. Believe and Expect An Answer**

**James 5:15<sup>15</sup> And the prayer offered in  
faith will make the sick person well; . . .**





## **E. Keep On Praying Until God Tells You Stop .**

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**Ephesians 6:18<sup>18</sup> Pray in the Spirit at all times with all kinds of prayers, asking for everything you need. To do this you must always be ready and never give up. Always pray for all God's people.-- (NCV)**



### 3. Aim For God, Not A Miracle.

2 Chronicles 7:14<sup>14</sup> if my people, who are called by my name, will humble themselves and pray and seek my face.



## Proverbs 8:17

**17 I love those who love me, and  
those who seek me find me.**





**Hebrews 11:6b**

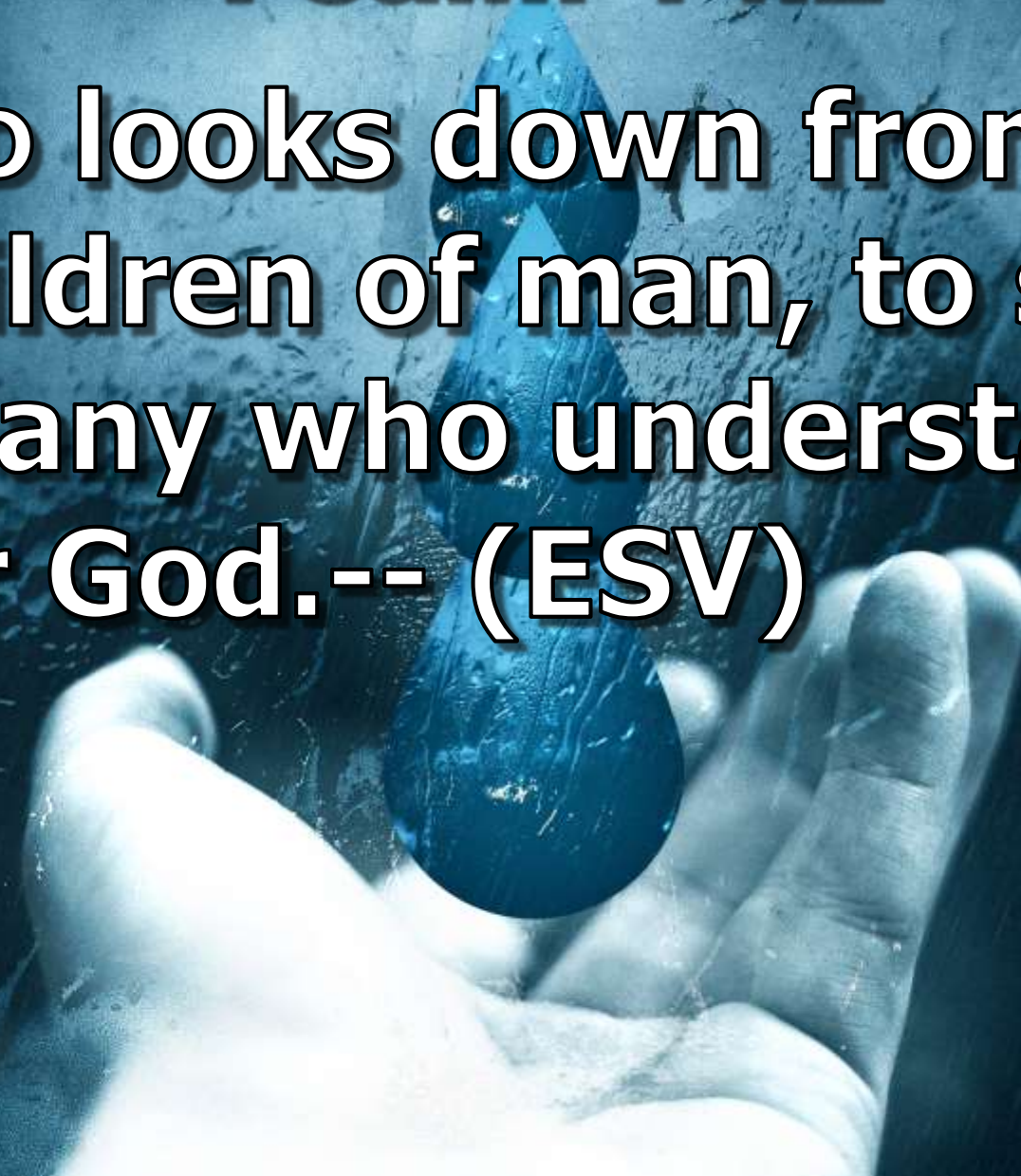
**<sup>6</sup> God rewards those who earnestly seek him.**





## **Psalm 14:2**

**<sup>2</sup> The LORD looks down from heaven  
on the children of man, to see if  
there are any who understand, who  
seek after God.-- (ESV)**

A close-up photograph of a person's hand holding a large, dark, teardrop-shaped stone. The hand is positioned at the bottom of the frame, with fingers slightly curled around the stone. The stone is dark and has a smooth, polished surface. The background is dark and textured, possibly a wall or a piece of fabric, with some light reflecting off the surface.



## **Psalm 14:2**

**<sup>2</sup> The LORD looks down from heaven on the entire human race; he looks to see if anyone is truly wise, if anyone seeks God.-- (NLT)**





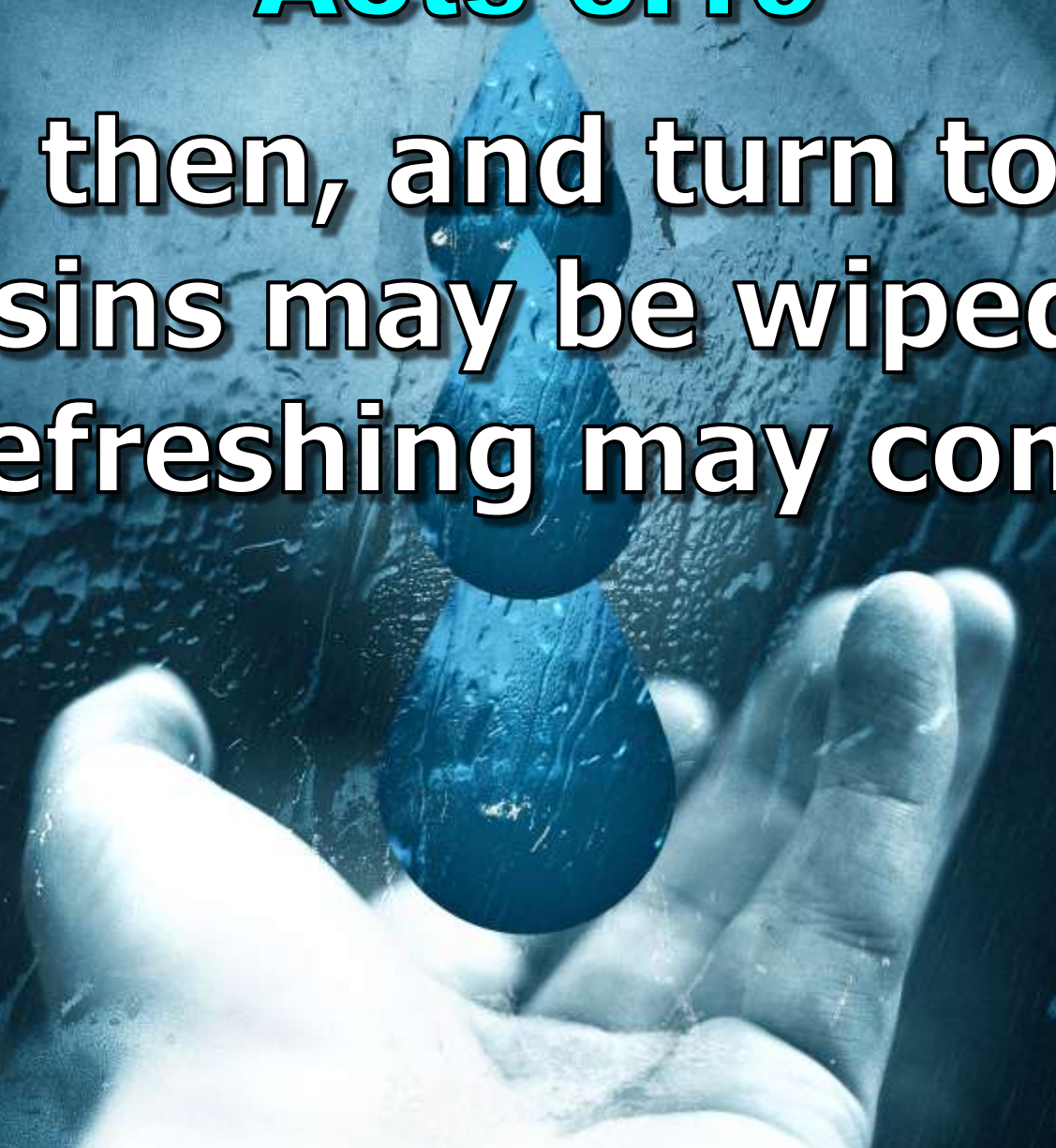
## **4. I Do An About Face From Sin.**

**2 Chronicles 7:14<sup>14</sup> if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then will I hear from heaven and will forgive their sin and will heal their land.-- (NIV)**



## Acts 3:19

**19 Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord.**

A close-up photograph of a person's hand holding a large, dark, teardrop-shaped stone. The stone has a rough, crystalline texture and is held between the thumb and index finger. The background is dark and textured, possibly a rock surface.



## **Proverbs 28:13**

**13 He who conceals his sins does not prosper, but whoever confesses and renounces them finds mercy.**





## James 5:16

**16 Therefore confess your sins to each other and pray for each other so that you may be healed. . .**





A close-up photograph of a hand holding a large, blue, teardrop-shaped object. The object has a textured, crystalline surface with many small facets and reflections. The hand is positioned at the bottom, with fingers slightly curled around the base of the teardrop. The background is dark and out of focus, with some light reflecting off the surface of the teardrop. The text 'DIVINE HEALING' is overlaid in a large, white, serif font, centered horizontally and partially obscured by the teardrop.

# *DIVINE HEALING*

JAMES 5:14-15